

Embracing the Call
practicing the art of intentional living

How to Set Intentional

S.M.A.R.T

Goals

At Home

embracingthecall.com

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practicing the art of intentional living

Hello Sweet Friend!

I am so glad you decided to download this guide!

My prayer is that you will be encouraged and inspired to accomplish your goals in the areas of faith, family, health, and home in 2018!

How To Use This Guide

I know you're busy so I wanted to make this as simple-to-use as possible. I think the S.M.A.R.T. goal system is a great way to help you get clarity in creating your home-life goals for the New Year.

- Pray, before diving in. Use the *Goal-setting Verses* to inspire you.
- Use the *S.M.A.R.T. Goal* criteria to create clear and effective goals.
- Use the *Goal Worksheet* to outline your plans. If you have more than one goal, feel free to print additional copies.
- Write your final goals!
- Congratulations on developing purposeful goals for your home!

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Goals For 2018

S

Specific: Clearly identify your goals. What is the who, what, when, where, and why?

M

Measureable: Assess your goals. How will you track your progress ?

A

Achievable: How will you accomplish this? Is it reasonable? Your goals should stretch you, not set you up for failure.

R

Realistic: Is this a relevant goal? Is it the right timing?

T

Time Based: How much time is needed to complete this goal?

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Goals For 2018

Goal Worksheet

Pray. Plan. Act.

But seek first the kingdom of God and his righteousness, and all these things will be added to you. - Matthew 6:33

Write your goal (using the s.m.a.r.t. goal method):

S:

M:

A:

R:

T:

Example: I want to organize my home. I will create a cleaning schedule by January 15, 2018. Each day, I will complete the tasks on my cleaning schedule. I will improve my organization by decluttering one designated area a day and developing a morning and evening routine. I will achieve my goal by December 31, 2018.

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Goals For 2018

Goal-setting Verses

Pray. Plan. Act.

"The wisest of women builds her house, but folly with her own hands tears it down." Proverbs 14:1

"Commit your work to the Lord, and your plans will be established." -Proverbs 16:3 (ESV)

"She looks well to the ways of her household and does not eat the bread of idleness." -Proverbs 31:27 (ESV)

"But you, be strong and do not lose courage, for there is reward for your work." -2 Chronicles 15:7 (NASB)

"House and wealth are inherited from fathers, but a prudent wife is from the LORD." -Proverbs 19:14 (ESV)

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Goals For 2018

My Goals

Pray. Plan. Act.

Goal 1:

Goal 2:

Goal 3:

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Goals For 2018

My Goals

Pray. Plan. Act.

Goal 4:

Goal 5:

Goal 6: